THE ENERGY POTENTIAL OF A HUMAN BEING

The article is devoted to discussing of contribution of Eastern tradition (Indo-Tibetan and Chinese medicine) in the study and meaningful disclosure of the energy potential of the human being. The attention paid to the role of V. M. Bekhterev which was the first to address the topic of energy in Russian psychology. The article reveals the role of the phenomenon of energy in ensuring physical and mental well-being. The role of mental beginning in features of its manifestations is emphasized. The sources of forming of the energy potential, as well as the reasons for its unjustified spending are shown. The article focuses on the achievements of modern science in the development of the concept of energy fields, including representations of the energy structure of the human mind.

Keywords: the energy potential, energy, the psychic energy, chakra, meridian, aura, the torsion field.

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